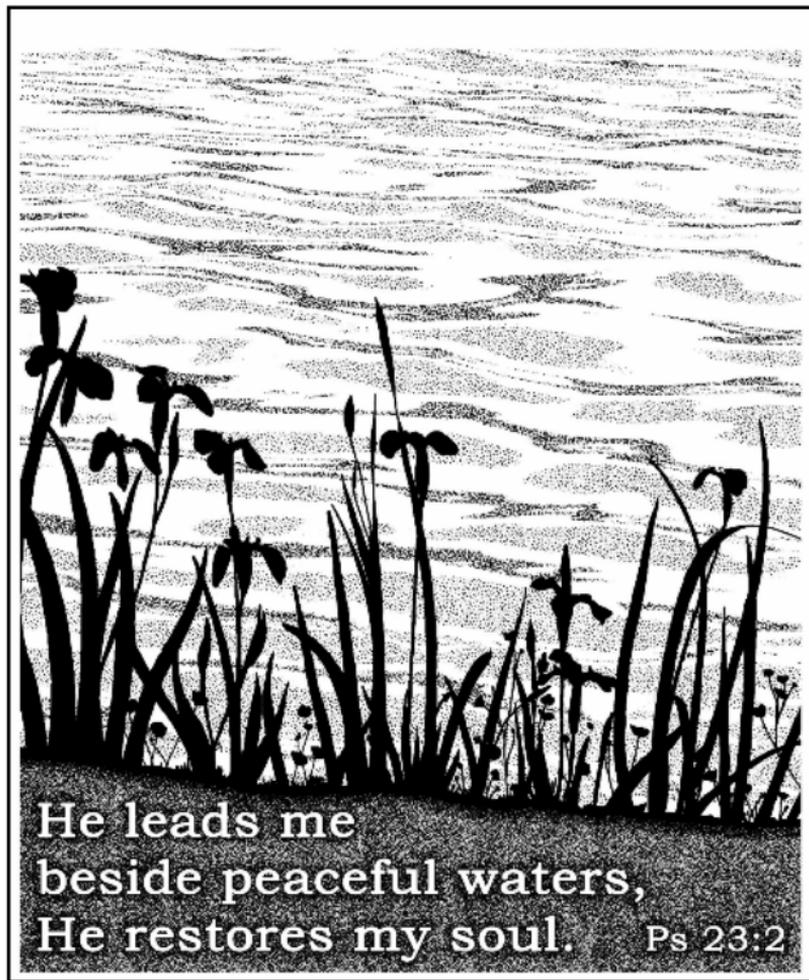


PEWTALK 50_P

July 2020



He leads me
beside peaceful waters,
He restores my soul. Ps 23:2

EAST & WEST TILBURY AND LINFORD PARISH MAGAZINE

Parish web site: www.stcatherinesthurrock.org.uk

BITs AnD PiECes

100 Club

As we were unable to hold the Garden Fete and make the draw for £50 whilst people enjoyed Grays Town Band, the boules competition and strawberries in the sunshine. I asked Michelle to choose (by email) a number between 1 and 100. Michelle chose 58 and the winner was Dawn, Pam England's daughter. Congratulations Dawn. The current restrictions prevent a restart of the 100 Club which raised £330 for Church Funds in the past 12 months. Hopefully when we can restart the 100 Club we can raise a record amount (The Maximum 100 tickets would make £800.) Thank you to all who have supported the 100 Club for many years .

Norman

New Archbishop of York to be confirmed

Bishop Stephen Geoffrey Cottrell (who was of course the last Bishop of Chelmsford) will be confirmed as the 98th Archbishop of York this month.

The service, at 11am on Thursday 9th July, will be broadcast entirely via video conference due to the Coronavirus restrictions.

It will be in two parts. A legal ceremony with readings, prayers and music, will be followed by a film marking the start of Bishop Stephen's ministry as Archbishop of York.

The service will be available on the Church of England website (<https://www.churchofengland.org/>). Arrangements for Bishop Stephen's

enthronement service will be announced later in the year.

Bulky Waste Collections

With access to the Linford "tip" severely restricted at this time it might be useful to know that Thurrock council offer a bespoke, pre-paid bulky waste collection service. It is possible to pre-book collections via the council website. Apart from anything else it is a good way of ensuring that items such as refrigerators, freezers etc. are disposed of responsibly rather than just put into landfill or ending up at the side of the road. *Having used the service I can certainly recommend it.....Ed.*

Sadly this year this edition of Pewtalk has no report of our Summer Fete / Garden Party nor on the usual tea afternoons on the last Sunday of the month. It is not at all clear when we will be allowed to provide refreshments at either St. Francis or St. Catherine's which is unfortunate as, quite apart from the lack of these social occasions, our ability to raise funds for the church is significantly reduced.

On a brighter note we have been able to continue to support those in our community that need the support of the foodbank. At the beginning of the lockdown we doubled the stock of food that we hold for clients. St. Francis is open from 10am to noon on a Wednesday for food donations from the public and on Thursday from 11am to 1pm for clients to collect food. Our grateful thanks to Revd. Michèle, Kathy and Kim for keeping this service going.



Reflections from The Rectory

In the back of my Bible, which I use every day, are a collection of our weekly parish newsletters. The first is dated Sunday 15th March 2020 which happened to be the Third Sunday of Lent. It also happened to be the last Sunday we were able to gather together at St Catherine's for our weekly service of Holy Communion. By Sunday 22nd March public worship had been suspended and by Monday 23rd March we were in 'lockdown'.

The remaining weeks of Lent passed by as did Holy Week and Easter. Eastertide turned to Pentecost and now we are in the season of 'Ordinary Time' in the Church and we will number each Sunday 'after Trinity'.

The collection of weekly newsletters in my Bible will continue to grow because although the lockdown is being eased it will be a long time before we are all back to St Catherine's (and St Francis) worshipping as we once did. It felt important to keep a record of this extraordinary time we have all had to endure.

With regards public worship many of you will have heard the recent Government announcement that churches and places of worship can re-open from 4th July on. We are still waiting on detailed information and guidance and once this is known we make a decision on how and when we can re-open for Sunday Services.

St Catherine's has already been prepared to hold funeral services. There are strict guidelines and safety measures that have had to be put in place to make the building 'Covid secure'. These include following the 2 metre social distancing rules, a one-way route around the building, hand hygiene stations, removal of bibles, hymn books, leaflets and other frequently touched objects. And for each of the services that take place in the church there will be a restriction on numbers of people who can attend.

Living with lockdown restrictions has, I imagine, been a challenge for many of us. I have certainly missed spontaneity. But, however great my frustrations have been during this time of lockdown, it is nothing compared to those who have lost loved ones because of the corona virus or the exhaustion felt by key workers working on the frontline.

I hope, one day soon, to put the final weekly newsletter in my bible knowing that we have left lockdown completely and Sunday services and church activities can resume as once they were. In the meantime though it is for all of us to keep going with the social

distancing, sticking to the rules and doing what we can to help those who are in greater need than ourselves. The words of the Serenity Prayer may help us in this task:

The Serenity Prayer

God, grant me the Serenity to accept the things I cannot change;
Courage to change the things I can;
And the wisdom to know the difference.

Living one day at a time;
Enjoying one moment at a time;
Accepting hardships as the pathway to peace;
Taking, as Jesus did, this sinful world as it is, not as I would have it;
Trusting that He will make all things right if I surrender to His Will;
So that I may be reasonably happy in this life
And supremely happy with Him forever in the next. Amen.

(prayer attributed to Reinhold Neibuhr, 1892-1971)

Stay safe and keep well,

Every Blessing, *Revd Michèle.*

What's up during the "lock down"

Here are some more insights into what parishioners and members of our congregations have been getting up to recently. First up Kathy Bird.

What to do with the children and of course baking is very popular. So here I am exhausting my repertoire of easy recipes.

I was thinking back to school meals in the sixties. The choice was one hot meal and one pudding, no choice, no vegetarian options. Sit and finish your meal before you were allowed out to play. The smell of cheese flan would fill me with dread, I could smell the flan throughout morning class and I knew I wouldn't eat, it with all the repercussions that entailed.

What was your memory of school dinners?

But chocolate cornflake cake was a favourite. Mum was a school cook and generously gave me the recipe, which proved a favourite with my children. So..... Let that be the next choice for our baking sion.



ses

We used:-

- * 154 gms Rice Crispies (I substituted these instead of cornflakes)

- * 200 gms golden syrup
- * 75 gms dried milk powder
- * 120 gms butter
- * 26 gms coco powder

We melted the golden syrup and butter in a pan, then added the dried milk powder and coco powder.

When they had all melted into a brown sticky consistency we added the Rice Crispies, stirred until they were completely covered and spooned into small cake cases or a sponge cake tin. If you leave them in the fridge they stay firm as they tend to be quite soft at room temperature.

But they were delicious, fond memories of mum, school dinners and fun with Richie. Evie will give you her favourite recipe next month.

Keep on baking, Kathy and Richie.

and from Sheila....

Last week we needed to drop off a repeat prescription request so our daily walk took us to the Broadway. I went into the pharmacy while Norman waited outside (so I thought), he had walked along to Ladbrokes, being Royal Ascot he decided on a small flutter on the 3.35 race. Back home we settled down with our afternoon tea to watch the race, the horse won which meant the following day we had to walk to pick up the winnings. A horse called Peter Rabbit was running that afternoon so Norman had another bet. Not so fortunate this time, Peter proved to be a real rabbit and came last.

We have been fortunate to visit RHS gardens at Hyde Hall since they opened 3 weeks ago, this coming week will be our third visit. You have to book an arrival time slot on line. The gardens are looking at their best, the cafes are closed but there are toilet facilities and the shop is open.

and from Norman

Sheila and I have tried to make Lockdown structured and as normal as the circumstances permit. We had booked a number of Holidays to take advantage of having insurance until my significant birthday in February 2021. We only have three booked Holidays left September in Majorca, a family Holiday in Dorset in November and in Kent in December. The two in the UK should be okay and we hope that we will be able to enjoy distance fussing over the baby due to our Nephew's wife in June. We will have to think about Majorca. We have missed the holidays but we have tried to enjoy by imagining being away discussing places to visit each morning and making different meals mainly seafood and paella is a Sunday regular on visits to Spain. Mixed progress with my projects especially the Spanish language I am struggling with counting to a 100 and two or three different words so I have decided to go to Chapter 4 ordering and paying for a drink and understanding the price. It is well that the Spaniards speak English but I will persevere. Cooking is going much better. I have repeated a good lasagne with no coaching and

prepared creamy tagliatelle with smoky bacon and caramelised courgette. Not bad considering that when Sheila went up to Yorkshire for a few days to look after her Mum I lived on jacket potatoes. The family tree project is a bit disappointing as my parents family seem to have stayed within 20 miles of Yorkshire / Lancashire border until my Dad moved to Essex in 1935 when the decline in the Cotton Industry in Manchester (Cotonopolist) was resulting in unemployment. I had intended to follow the "Couch to 5K" programme but to date have bought Trainers but no running. I did buy Trainers contributing to St. Catherine's via the Easy Fund Raising web site but I have decided to postpone the start to July 1st. Sheila is cutting my hair with the electric razor this morning so I will be very careful to sit still and accept the result which I am sure will be an improvement. Football is back and we will be gradually returning closer to normal life. It will be great to be back in St. Catherine's to sing our favourite hymns and see each other. Sheila's note suggests that I go to the betting shop! I do twice a year Grand National and Royal Ascot. Don't worry the Church money is never at risk.

and Geoffrey Stow has been busy.....

As Christmas 2019 became a distant memory and the decorations were finally taken down, we all heard that a strange new virus was infecting people in far off China. It all seemed so far away and it did not, at first sight, appear to be a threat to us here in the West. How wrong that was and as it spread across Europe we were forced into lockdown. Our well ordered lives, full of social contact and interaction with others came to a shocking halt.

Suddenly, we had to find different ways of doing things. In spite of some very clever thinking by the people who manage the supermarkets, shopping became a dangerous activity. As my wife and I are of a "certain age" and were feeling rather vulnerable, we resorted to home deliveries and my wife quickly became an expert in obtaining much sort after delivery slots. These were often arranged on an ipad during the early hours of the morning. Having a delivery slot was now a status symbol, to be boasted about in online conversations with family and friends.

The modern technologies of Skype, Facetime and Zoom now became essential tools for staying in touch.

As the schools closed, my son asked me to help with my ten year old grandson's education. Now I can't say that I'm a very clever person but I have a passable knowledge of Maths and I speak a little bit of French, so I volunteered to help out on both of these subjects. I was of course full of bravado. I was sure that under my expert guidance, my grandson would soon be the top student in his class and be heralded as a child genius. With this as my goal, I began a daily training session on the computer trying to teach him all the intricacies of times tables, decimals and percentages and even the rudiments of French but as the days and weeks progressed, it became clear that I had taken on a task that was considerably more difficult than I had first imagined. I now have the utmost respect for professional teachers and I think that they do a wonderful job.

The great benefit of all this has been that I am able to talk to my grandson every day and like to think that this has deepened our relationship. As my own dear late Father had helped my sons with their schoolwork so now history is repeating itself. It has also given me a purpose and a focus during this strange period in our lives when we are seeing the suffering of so many people and the sacrifices of so many others.

I believe that this lockdown has given us an opportunity, a chance to take a breath and consider our position. I hope that when this pandemic has passed, there might be a spirit of renewal, in which we can learn to treat both each other and our planet with ever greater love and care.

CUB VIRTUAL CAMP 2020 - a report from Julie Guest



Nyali Cubs East Tilbury was meant to be at the Annual District camp on 12-14 June at "Condoovers" in West Tilbury But due to Covid-19, all our face to face activities have stopped. Before camp, we had a competition to design a camp badge. So, camp went ahead but as a Virtual camp, the cubs camped at home with their family, in a tent or a home-made den.

The Cubs started off by watching the opening ceremony online, then a wide game of what they need to take to a camp, asking for essential and a non-essential item, with 21 points awarded, we were off to a good start. The cubs joined into a cubs-own service via YouTube, with Rev. Darren Barlow.

On Saturday the activities started. Here are some of the activities we took part in, from tie their shoes, polishing shoes to singing the National Anthem, reciting their promise on video, to a family pose, collecting a variety of leaves, and a few more. We were awarded 105 out of 115 points for our effort.

The next lot of points was up to 20 points each, some of the activities were to build a tower from things around your home, putting someone in a recovery position, to how many clothes can you put on in a minute. We were awarded 65 points out of 100. Our next lot of challenges was up to 50 points. We had to see how many items you can fit into a match box, make a kite, draw the Union Jack and making a card for the elderly. We were awarded 165 points out of 200. The next challenge was up to 75 points. We had to perform 3 magic tricks, and a short video report on our life during lockdown. We were awarded 135 out of 150.

The next challenge was for some baking and making a knot board. We were awarded 183 out of 200.

For the 20 second challenges we had to see how many of the following we could do in 20 seconds. We had to see how many star jumps, pairing socks, throw a tea bag into a cup 2 metres away, and hit a ball with a bat. We were awarded 108 point in this challenge.

We took part in a virtual campfire, and some cubs toasted marshmallows and made s'mores - yummy

On Sunday morning we had a live link with the Skittle Magic Man Entertainer, we then finished our virtual camp closing ceremony with the cubs and leaders that took part over the weekend, the winner of the badge design was announced and the Trophy was presented to the group that won the most points over the weekend.

All the cubs that took part over the weekend seemed to enjoy all the activities and lots of badges were earned, our total points was 782, We came 11th out of 17 packs.

We hope as soon as it is safe to do so, we will back with our fellow cubs,

I received questions from my Cub Amy who needed to do a news report for her school-work, she is going to write about Cub camp being done virtually this year.

Q1: How are you feeling and why?

Q1 - A. I was sad that we was unable to meet up with the other cubs from the district but I was pleased we was able to take part in a virtual camp so cubs was still able to obtain there nights away badge

Q2: How did it go?

Q2 - A. I think it went well, lots of activities for cubs to take part in and I think lots of cubs had fun. We had 10 cubs taking part.

Q3: What did you do differently?

Q3 - A. We still did challenge, where at camp they would, visit different sites to do activities, Cubs done activities at home and sent photos and video of them doing these, also cubs either slept in tents in there garden, put them up indoors or made dens.

Q4: Do you prefer actual camp or virtual camp?

Q4 - A. I prefer camp, it is a lot of hard work, but you get time to catch up with other leader/cubs who camp with us each year, or there first time. I enjoy watch the cubs join in with activities, that they may not have tried before.

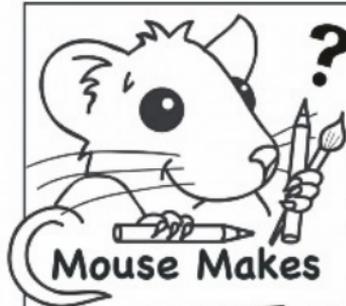
We normally have a Tug of War competition, which everyone cheers everyone on,

I enjoyed the virtual camp, it was good to see all what the children done.

A computer upgrade for our website



It is some years since the parish website was created and since then it has been running on a tiny Raspberry Pi computer. In recent months I became concerned that I was unable to keep the software up to date and so decided to move it to the smaller Raspberry Pi zero which as you can see from the picture is just about as long as an inter dental brush. However it is faster and has more memory than the previous version and is a snip at £10. Yes that really is what it costs! *Chris Ford*



WHO AM I?

The last letter of one name is the first letter of the next name.

P			L	

- Wrote 13 New Testament letters
- He wrote the third Gospel

- Mother of John (Luke 1:3)
- Sarah's servant (Genesis 16:21)

			R	

- Joseph's mother (Genesis 29:35)
- His wife turned to salt (Genesis 11:31)

- Paul's friend (2 Corinthians 8:27)
- A brother of Jesus (Matthew 13:55)

			N	

- Ruth's mother-in-law. (Ruth 3:1)

IT'S A PUZZLE!

God sent 9 plagues on Egypt...

What were they?

Change each letter to the one after it in the alphabet to find out.

AKNNC

EONFR

FMZSR

EKHDR

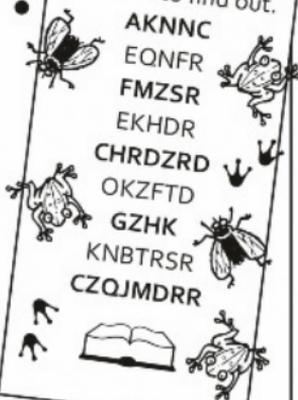
CHRDZRD

OKZFTD

GZHK

KNBTRSR

CZQJMDRR



FIND THE MISSING HUSBANDS

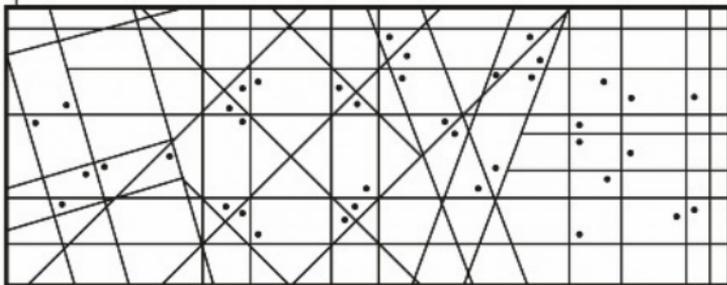
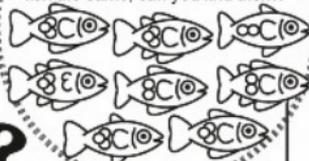
Match the wife to their husband

- | | |
|-----------|-----------|
| MARY | BOAZ |
| SARAH | JACOB |
| RUTH | ZECHARIAH |
| REBEKAH | JOSEPH |
| RACHEL | ABRAHAM |
| ELIZABETH | ISAAC |



FIND THE FISH

The Disciples have been fishing and have caught TWO fish the same, can you find them?



Colour in all the shapes with a DOT to find out what Jesus want us to do





PARISH DIARY FOR JULY
Our Sunday services are at St. Catherine's



While it is highly unlikely that any of this month's programme will take place because of the Coronavirus pandemic we thought it good to know what was planned and perhaps, to have our own events at home to coincide with them. Just to be clear, at the time of writing our churches are still closed until further notice.

1 Jul	Holy Communion at St Francis	10.00am
	Community "Drop In" at St Francis	10.30am - noon
2 Jul	Foodbank at St. Francis	11.00am - 1.00pm
5 Jul	4 th Sunday after Trinity	
	Parish Communion	10.00am
8 Jul	Holy Communion (St Francis)	10.00am
	Community "Drop In" at St. Francis	10.30am - noon
9 Jul	Foodbank at St. Francis	11.00am - 1.00pm
12 Jul	5 th Sunday after Trinity	
	Parish Communion	10.00am
15 Jul	Holy Communion (St Francis)	10.00am
	Community "Drop In" at St Francis	10.30am - noon
16 Jul	Foodbank at St. Francis	11.00am - 1.00pm
19 Jul	6 th Sunday after Trinity	
	Parish Communion	10.00am
22 Jul	Holy Communion (St Francis)	10.00am
	Community "Drop In" at St Francis	10.30am - noon
23 Jul	Foodbank at St. Francis	11.00am - 1.00pm
26 Jul	7 th Sunday after Trinity	
	Parish Communion	10.00am
29 Jul	Holy Communion (St Francis)	10.00am
	Community "Drop In" at St Francis	10.30am - noon
30 Jul	Foodbank at St. Francis	11.00am - 1.00pm

A prayer for all those affected by corona virus

Keep us, good Lord, under the shadow of your mercy. Sustain and support the anxious, be with those who care for the sick, and lift up all who are brought low; that we may find comfort knowing that nothing can separate us from your love in Christ Jesus our Lord.
Amen.

FROM ST. CATHERINE'S PARISH REGISTERS

Baptisms

none

Weddings

None

Committal of ashes

None

Funeral

4th June

Gary Andrew Joseph Low

Valerie Doyle - R.I.P.

Sadly Valerie Doyle, who had been unwell for a short time, died at home on Saturday 27th June with her husband Pat at her side. Valerie and Pat were loyal members of our Wednesday congregation at St. Francis and supported the church in many other ways. Valerie was also an occasional contributor to PEWTALK and the answer to the question she posed last month is to be found below. She will be sadly missed by all who new her.

During the coronavirus crisis, the Church of England has been accused of "vacating the public square or of being absent.

"So wrote Bishop Stephen Cottrell, Archbishop of York Designate, in a recent article for one of the national newspapers*. But he goes on: "I simply do not recognise (this). The Church of England has been astonishingly present, albeit in many new and remarkable ways."The Bishop then gave many examples of various local churches who have reacted with positive action during the crisis. Some have started food banks, helped refugees and asylum seekers, set up telephone prayer services, started zoom Bible groups, or organised children and youth events online."These stories are being replicated up and down the country," he continued. "Most astonishing of all, plenty of churches report very large numbers of people joining their streamed services."Of course, we long for our church buildings to reopen. But when they do, it won't be business as usual – partly because we are discovering new ways of serving our communities."When we do return to the sacred, beautiful space of our church buildings, with all their vital and much-missed resonances of continuity, I believe the Church of England will emerge from this stronger than it has been for a long while.

Answer to last month's conundrum submitted by Valerie Doyle: God made man in his own image. Then he took a rib from Adam and made Eve. Therefore neither were born in the usual fashion and so neither had a naval!

The Parish

The Priest in charge

REVD. MICHÈLE MARSHALL

The Rectory

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Stanford-le-Hope

Essex, SS17 0QA.

Telephone: 01375 671754

email: mjmarshall@fastmail.co.uk

The Services

Sunday 10.00 a.m. Holy Communion service at St. Catherine's
Except 1st Sunday of the month when we have
"The Family Service"

Wednesday 10.00 a.m. Holy Communion at St. Francis
For Baptisms, Weddings or Funerals please contact the Priest in Charge.

The Churchwarden

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St. Francis Centre

The centre is available for hire for regular events when not used by the Church. To check availability please contact:

PATRICIA STRONG

patricia.a.strong@outlook.com

Copy Dates for Pewtalk

22nd July 2020

24th August 2020

21st September 2020