

WELCOME to ST CATHERINE'S EAST TILBURY

If you are visiting or new to St Catherine's, please introduce yourself.

Please stay for refreshments after the service.

You can take this Newsletter home.

19th August 2018 – 12th Sunday after Trinity

**16th August Laurence Loricatus
the saint who couldn't forgive himself**

Have you done something bad which haunts you? Does the memory of it still follow you through each day – and keep you awake at night? If so, then Laurence Loricatus (c. 1190 – 1243) is the saint for you. He was born at Facciolo (Apulia) and as a youth he killed a man.

After that, life changed forever for Laurence. His guilt overwhelmed him, and he decided to expiate for it. He made the long and difficult pilgrimage to Compostella, but found no relief. So he became a hermit at Subiaco – cutting himself off from all the comforts of normal life. But he found no relief. So then he began to wear not a hairshirt, but a coat of chainmail next to his skin. It was a heavy, unyielding weight which bruised and rubbed his skin raw.

Laurence hated himself and would not forgive himself, though God had forgiven him years before. He is a caution to anyone in the same situation today. His continued 'penance' did no one any good. The suffering absorbed hours of his attention, and got him nowhere.

When we do something we regret, of course God wants us to repent of it. But then He wants us to put it behind us. Our bad deed needs to be quarantined and left behind in our lives. If we won't put it down, our life becomes focused on our hatred of ourselves, instead of on God's love for us. It took the Pope years to get Laurence to take off that chain-shirt.

COLLECT for the 12th Sunday after Trinity

God of constant mercy, who sent your Son to save us: remind us of your goodness, increase your grace within us, that our thankfulness may grow, through Jesus Christ our Lord. **Amen**

Sun	19th August 12th	Sunday after Trinity
	10.00am	Holy Communion celebrated by Revd. Barry Johnson
	12noon	Parish picnic at St. Catherine's
Wed	10.00am	Holy Communion at St. Francis with Revd. Barry Johnson
	10.30am-noon	Drop In (St. Francis)
Thur	11am – 1pm	Foodbank at St. Francis
Sat	10.00am	Monthly clean of St. Catherine's
Sun	26th August 13th	Sunday after Trinity
	10.00am	Holy Communion celebrated by Revd. Barry Johnson
	2.00pm	St. Catherine's open for teas (churchyard volunteers welcome)
Mon	2.00pm	St. Catherine's open for teas (churchyard volunteers welcome)

THE BIBLE READINGS at OUR SERVICES

Sunday 19th August 12th Sunday after Trinity

10 am Proverbs 9. 1 – 6 **(OT 603)**
Ephesians 5. 15 – 20 **(NT 192)**
John 6. 51 – 58 **(NT 95)**

Sunday 26th August 13th Sunday after Trinity

10 am Joshua 24. 1 - 2a, 14 - 18 **(OT 222)**
Ephesians 6. 10 - 20 **(NT 192)**
John 6. 56 - 69 **(NT 95)**

DAILY BIBLE READINGS

Mon Acts ch8 v26 - end
Tue Acts ch9 v1 – 19a
Wed Acts ch9 v19b - 31
Thur Acts ch9 v32 – end
Fri Acts ch10 v1 – 16
Sat Acts ch10 v17 - 33

For help or information contact: Mr. Colin Strong, 36, Sydney Road, Tilbury, Essex.
RM18 7PD 'phone: **07591 708955** Email: warden.colin.stcatherines@gmail.com

Parish Website: www.stcatherinesthurrock.org.uk

Please let Colin know of people in hospital, to visit, or who would like Communion at home.

This, Sunday our 10am service is our Parish Communion service and will be presided over by Revd. Barry Johnson. After the service we have our annual Parish picnic to which everyone is invited. Just turn up with anything that you think you might need. If the weather is fine we will be in the churchyard but if not, inside the church.

On Wednesday we have our usual mid-week service of Holy Communion which will be celebrated this week by Revd. Barry Johnson. It will be followed by our “drop-in” for refreshments and “chat”. If you know of anyone that could do with a bit of company do let them know. No doubt Barry will stay if you have a pastoral matter to discuss with him.

On Saturday (25th), as it is the last Saturday of August, volunteers to clean St. Catherine’s will be very welcome from 10am helping to spruce up the building for a busy weekend.

Next Sunday, our 10 am Parish Communion service will be celebrated by Revd. Barry Johnson as is becoming usual and, if you can, do stay for refreshments and conversation after the service. In the afternoon from 2 – 5pm the church will be open to visitors and for refreshments. Hopefully there will also be some volunteer gardeners to help with the maintenance of the churchyard.

As the following Monday is a *Bank Holiday* the church will again be open in the afternoon from 2 – 5pm for teas and gardening.

The next Sunday School session will be after the schools start their autumn term on Sunday 9th September.

An advance notice that on Sunday 16th September our service of Holy Communion will be presided over by the Bishop of Bradwell, the Venerable Dr John Perumbalath on his first visit to our parish and the deanery.

Claire Frend has asked us to publicise her MacMillan coffee morning to be held at the St. Francis centre on Friday 28th September from 10am to noon. If you would like to support this great cause put the date in your diaries and let friends and family know.

The foodbank are taking part in the Stanford and Corringham carnival at the end of August and running a stall at the end. They are planning to do a tombola if they can get enough items. If anyone has anything that can be used for tombola prizes please leave it in our foodbank collection box. The food shortages this week are - Tinned Fish, Sauces (i.e. tomato ketchup, brown sauce, vinegar etc.), Tinned Tomatoes, Tea Bags, Tinned Fruit, Coffee, Sponge Puddings and Cordials.

	19th August	26th August	2nd September
Sunday	12th Sunday after Trinity	13th Sunday after Trinity	14th Sunday after Trinity
Service	HOLY COMMUNION	HOLY COMMUNION	FAMILY SERVICE
Leader	Kathy	Sheila	Kim
Celebrant	Revd. Barry Johnson	Revd. Barry Johnson	
Prayers	Pam	Carol	Norman
Readers	Carol & Sheila	Norman & Janice	Chris & Pam
Sides-people	June C & Pam E	Colin & Patricia	Geraldine & Kathy
Offertory	Sue S & Hazel	John & Veronica	
Communion Assistants	David & Kathy	Pam & Norman	
	Kathy	Pam E	Kim